



2009 FACT SHEET – GIRLS SOFTBALL DIVISION PILOT PROGRAM

Aquafina Major League Baseball **Pitch, Hit & Run (PHR)** is a FREE skills competition for 7-14* year olds that is easy to host. PHR is a nationwide baseball event with thousands of competitions, but in 2009 there will be an exclusive Girls Softball Division Pilot Program opportunity. The Softball Division is only available to 10 hosts within each of the 10 pre-selected ASA states. This 1-day event emphasizes the fun element in softball and allows girls to showcase their pitching (tests accuracy only), hitting and running abilities. An administrative kit is provided and the competition is free of charge for participants and hosts.

Softball Division Competitors have the opportunity to advance through three levels of competition: Locals, Super Regionals, and the National Finals. Local Competition winners will advance to 1 of 10 Super Regional Competitions where they will one step away from the National Finals, which will be held at the 2009 Major League Baseball All-Star Game in St. Louis, MO. Providing this opportunity for your community is as easy as:

- **Sign up to host a local competition** – Contact your ASA Commissioner immediately to express interest. Upon receipt of a confirmed date, time and location for the 10 competitions selected in each state, a FREE administrative kit will be shipped to each host with materials necessary to host the competition.
- **After completing your competition** – Award participants, provide Super Regional information to your winners, submit results and all completed registration forms.

SKILLS

- **Pitch** – Tests accuracy only (both underhand and overhand pitching or throwing permissible)
- **Hit** – Tests distance and accuracy hitting from a stationary batting tee
- **Run** – Tests speed in a sprint from second base to home plate

LEVELS OF COMPETITION

- **Local Competition** - March 1 – May 10
 - All-Around, Pitching, Hitting and Running Champions advance from EACH age group.
- **Super Regional** - May 16 – June 14 (weekend dates only)
 - All-Around Champions in each age group are ELIGIBLE to advance. The top 3 scores in each age group out of all 10 Super Regionals will advance to the National Finals.**
- **National Finals** - 2009 MLB All-Star Week
 - National Finalists receive an all-expense paid trip to St. Louis for the 2009 All-Star Game. Finalists participate in an array of festivities upon arrival in St. Louis. Finalists will compete on-field at Busch Stadium prior to shagging fly balls during the Home Run Derby and attending the All-Star Game!

PRIZES/AWARDS: At each level of competition competitors will receive an item for their participation. Prizes at different levels of competition include ribbons, medals, trophies and other awards. National Finalists receive a trip to St. Louis for the 2009 All-Star Game.

* Competitors compete in four age groups: 7/8, 9/10, 11/12, 13/14. Age is determined as of July 17, 2009.

** Advancement notified by PHR Headquarters. All-Around Champions at the Super Regional do NOT automatically advance.

QUESTIONS ON THE PHR GIRLS SOFTBALL DIVISION? CONTACT YOUR ASA COMMISSIONER OR PITCHHITRUN@MLB.COM